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Amazon.com: Trapped in the Mirror: Adult Children of ...

Trapped in the Mirror: Adult Children of Narcissists in their Struggle for Self. by Elan Golomb, Angela Brazil (Narrated by) Elan Golomb.

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Elan Golomb. W. Morrow, 1992 - Family & Relationships - 271 pages. 0 Reviews. "Trapped in the Mirror is the first book to explore the private struggle of adults who were raised by narcissistic...

Trapped in the Mirror: Adult Children of Narcissists in ...

Trapped in the Mirror is a well-written expose' of the inner turmoil, devastation and confusion caused by the narcissistic parent or family. It is a must read for those dedicated to their personal growth or the development of an authentic self.

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Elan Golomb. ISBN: 0688140718 (ISBN13: 9780688140717)

Edition language: English.

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Trapped in the Mirror My therapist, who specializes in helping adult children of narcissists, recommended, " Trapped in the Mirror: Adult Children of Narcissists in Their Struggle for Self," by Elan Golomb (1992, Harper, in paperback). He thought I might find the detailed and very personal case studies interesting.

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