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Gorilla Thumps And Bear Hugs

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Gorilla Thumps and Bear Hugs: A Tapping Solution Children ...

Introducing Gorilla Thumps & Bear Hugs A Tapping Solution Children's Story By Alex Ortner, Executive Producer of the Tapping World Summits I remember sitting on the couch with my wife Karen, having finally gotten our three young kids to bed, and saying to her, "Nobody

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Gorilla Thumps and Bear Hugs - Hay House

Gorilla Thumps And Bear Hugs. Annabel dreams of one day being a scientist, but teasing from other kids at school has hurt her confidence and left her feeling sad and alone. Join her as she learns how to use the Magical Tapping Technique to quickly release her sadness and regain her confidence.

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Your child will be having a blast as they howl, hug, thump on their chest, act like a monkey, and more... all while learning how they can use Tapping to help themselves in real life! Gorilla Thumps and Bear Hugs Alex Ortner —
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Gorilla Thumps and Bear Hugs: A Tapping Solution Children's Story. Hardcover – Dec 6 2016. by Alex Ortner (Author), Erin Mariano (Illustrator) 4.7 out of 5 stars 192 ratings. See all formats and editions.

Gorilla Thumps and Bear Hugs: A Tapping Solution Children ...

Gorilla Thumps and Bear Hugs by Alex Ortner <http://www.hayhouse.com/gorilla-thumps-and-bear-hugs-hardcover> This book is ideal for children aged four to eight years. Annabel dreams of one day being a scientist, but teasing from other kids at school has hurt her confidence and left her feeling sad and alone.

Tapping with Children - Evidence Based EFT

Gorilla Thumps and Bear Hugs: A Tapping Solution Children's Story.

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Hardcover A fun, inspiring story that will teach your child how to use Tapping to overcome everyday challenges they face. <https://www.thetappingsolution.com/gorilla> ...

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Gorilla Thumps & Bear Hugs: A Tapping

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Solution Children's Story by Alex Ortner is a picture book that introduces school-aged children to EFT Tapping and how it can be used to resolve school issues. Below is an Educator Guide that has lesson plans for teachers, extension activities, and additional curricular resources.

The Tapping Solution Foundation Quick Start - Thank You

...

Gorilla Thumps and Bear Hugs book. Read reviews from world's largest community for readers. Annabel dreams of one day being a scientist, but teasing from...

Gorilla Thumps and Bear Hugs: A Tapping Solution Children ...

Gorilla Thumps and Bear Hugs 5 I have now given two copies of this book to friends who have children around 5-6 years old that often get agitated and difficult to settle - both kids love the book and really settle down after they

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read the book and do the tapping while reading.

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Gorilla Thumps and Bear Hugs - Hay House

“Gorilla Thumps and Bear Hugs” Book
Another place that matters is your own home. So be sure to pick up a copy of my brother Alex’s Tapping for kids book, “Gorilla Thumps and Bear Hugs: A Tapping Solution Children’s Story”. It’s great for bedtime reading and even has a Tapping exercise in the back to help your kids go to sleep. ☐☐

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Stress Relief for Children - The Tapping Solution

Lovingly inspired by the book "Gorilla thumps & bear hugs". Script by Alex Ortner. Music by Christopher Lloyd Clarke.

EFT tapping - helping children fall asleep

Gorilla Thumps and Bear Hugs : A Tapping Solution Children's Story. 4.45 (42 ratings by Goodreads) Hardback. English. By (author) Alex Ortner , Illustrated by Erin Mariano. Share. Annabel dreams of one day being a scientist, but teasing from other kids at school has hurt her confidence and left her feeling sad and alone.

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